

# Psychic Reading Secrets 101

---

## Class Agenda:

### 1. **Basic Concepts for Readings and Mediumship.**

- a. Before beginning the reading ask client, "What did you come here for today?"
  - i. "Your Life or mediumship?"
    1. Their life.
      - a. Make sure you answer their question(s).
    2. Mediumship:
      - a. Make sure you ask if you have the person they want to talk to when you bring someone in.
      - b. Explain spirit is in charge, not you, of who comes in, but you probably will be able to get in who they want. However, level of clarity will differ between souls.
      - c. Avoid interference:
        - i. Ask spirit shield sensitives from connection.
        - ii. Ask attendees not bring energy conductors to session (crystals).
        - iii. Ask client not speak directly to spirit.
        - iv. Blocked clients are difficult to read.
  - ii. Order of steps.
    1. Let Go in meditation
    2. Open in prayer
    3. Vibration align
    4. Entirely receive what comes
  - iii. Confusions
    1. Energetic objects. Bringing in objects that direct energy to the reading. Ex. Crystal Skull.
    2. Crossed energies in the reading with one, two or more people. Important to keep validating to avoid.

### b. **Basic Building Q&A Technique.** This is used in all the reading types, but especially in the mediumship reading.

- i. Go from broad to specific. Build the reading.
  1. I feel (see, hear, etc.) this.
  2. Drill down: It feels like this. At times words will just flow from your mouth. Let them.
  3. Then ask your client if they can relate to this, "Yes or No."
  4. Continue to build in this way. If client says, "No," then you have to go back and rebuild the last few facts until client says, "yes." In this way you build the session.
- ii. **Do not let your client tell you anything or ramble.** Use the Yes or No question for validation and then quickly continue.
- iii. **Yessing Client.** Client says, "yes," but only means s/he hears you, not that you are not correct. Check on this.

### c. **Give facts before making predictions.**

- i. I see, hear, feel; this is happening now.
  - d. **Stand by what you get.** Always stick with what you get. Never oscillate, instead say, “I need to honor what I am receiving. Perhaps it will make sense later. Let’s move on.”
  - e. **Be firm in what you get** with declarative statements like, “I see, hear or feel this. Do you understand that? Can you relate to that? Yes or No, please.”
  - f. **Never apologize.** Appears like you do not know what you are doing.
  - g. **Assign Homework** to your client at end of reading.
  - h. **Future predictions.**
    - i. Free will can change predictions even with destiny fulfillment. Destiny will always happen, but timelines can change with free will.
    - ii. Predictions can be made
      - 1. Deep trance
      - 2. Let images and ideas come in.
2. **Steps for a reading.**
- a. L.O.V.E. formula
    - i. Let go in meditation. Relax you and your client –If your client is not relaxed you will NOT succeed.
      - 1. Use quick theta techniques below.
    - ii. Open in Prayer. Set the intention in your prayer for accuracy, validated evidence and healing. Makes a HUGE difference.
    - iii. Prayer: “Father, mother, god, all beings of highest light and love please come to me now in reading for ‘Name.’ Please allow all messages be received clearly, accurately, with validating evidence and healing as needed, for highest good of ‘Name’ and all those with whom ‘Name’ comes in contact. ***Please protect clients from feeling or moving energy.*** Allow us only to work in highest love light and protected space possible.”
      - 1. Multiple Readings. Can do one prayer for everyone you will be reading for beforehand.
      - 2. Mediumship: Ask for protection three times.
    - iv. Vibration alignment. Energy connection can be done in a number of ways depending on how much time you have.
      - 1. Multiple Readings. Can do for everyone you will be reading for beforehand.
      - 2. Psychic Reading – envision the person you are reading for in front of you and visualize your energy blending.
      - 3. Mediumship – Envision a white circle of protection around you made by your heavenly helpers. Have your client ask their loved ones to join the circle. Seal the circle closed. Connect everyone energetically.
    - v. Entirely Receive. Follow Steps below.
  - b. Begin:
    - i. Psychic Reading. Read their aura or see what chakra is in effect to get emotional blocks, conditions and reason for reading without client stating. [NOTE: a shortcut to reading their aura or chakras is the new Soul Archetype method revealed below.]
    - ii. Mediumship Reading.
      - 1. Ask the client if they have one person in particular they want to speak with. YOU DO NOT WANT TO KNOW WHO THAT PERSON IS, but you need to know if they want to speak to one person in particular b/c if you do not bring in that person you could disappoint the client. Explain you cannot control spirit, however, you will continue to probe spirit until you get the one they want.
      - 2. Ask spirit tele-pathetically, “Who is here from spirit for client name.”
      - 3. Go from broad to specific. Build the reading.
        - a. I feel (see, hear, etc.) the presence of a male or female.
        - b. Drill down: It feels like a motherly, fatherly, sisterly, brotherly, peer, spousal energy.

- c. Then ask your client if they can relate to this, "Yes or No."
    - d. Continue to build in this way. If client says, "No," then you have to go back and rebuild the last few facts until client says, 'yes.'" In this way you build the session. Every time you get a "no," your energy connection to spirit weakens.
  - iii. Medical Intuitive. Visualize body of client in front of you. Begin to do a mental scan of the body explaining any areas you get messages about.
    - 1. Use the Basic Q&A building technique described above.
- c. Middle:
  - i. Psychic Reading: Q&A. Client asks question. You deliver answer. Get answer to at least their first question before you know what the question is. "Please ask a question that has a yes or no answer to it and focus intensely on it," then you get the answer using your techniques. Could be pulling a tarot card or channeling a message.
  - ii. Mediumship: Allow the one in spirit to lead the session. Remember, you are not in charge, spirit is. The more you allow spirit to lead, the better you will get at this.
- d. End:
  - i. **Set the timer one or two minutes before the end of the reading** to answer any outstanding questions remaining and move to the next reading.
    - ii. **Disconnect energetically from the reading with prayer**, "thank you spirit for allowing this reading between me and name. I now completely disconnect all energy between us, clear and ground, completely releasing any energy that is not my own."
      - 1. **Visualize your energy disconnecting** by seeing it leave the other and coming back into your body.
      - 2. **Visualize White Light** around you for disconnecting and protection.
      - 3. **Grounding**. Stand with your feet open the width of your shoulders. Visualize a white bolt of lightning travelling from your crown chakra down through all your chakras. As it goes through each chakra it changes to the color of that chakra until it gets to your root. When it gets to your root chakra envision it as red light going into the earth.
      - 4. **Quick Readings**. Set up with spirit beforehand the code word "Namaste" to disconnect your energy to begin another. All you have to do is ask in prayer this be set this up before starting readings for the day.
  - 1. Quick ways to get to Theta (which is a psychic state).
    - a. My quick method:
      - i. Breathe focus for one or two seconds, suggesting relaxation, and a good feeling.
      - ii. Concentrate on feeling of air touching left forehead. Suggest using imagination to do this.
      - iii. Listen to sounds in the environment. Suggest a feeling of deepening relaxation as this is done.
    - b. Vision Field Focus – white light on 3<sup>rd</sup> eye
    - c. Listen to the hum (white noise)
    - d. Imagine you stepped outside of your body and are traveling about the space you are in.
    - e. REM Inducement – (Close eyes and move back and forth until you feel dizzy or 7 cycles, 7 times). Open eyes and follow your finger in front of your vision field until you feel dizzy or 7 cycles, 7 times.
    - f. Feel your heart beat. Put your hand (either) over your heart. Feel at least 7 heart beats.
    - g. Other Breathing Techniques: Read more: <http://www.livestrong.com/article/499464-breathing-exercises-theta-brainwaves/#ixzz1tXrApClo>
      - i. VAB Voluntary Abdominal Breathing. A study published in the November 2004 issue of "Neuroscience Research" examined the effects of voluntary abdominal breathing (VAB) on electroencephalogram (EEG) patterns. The researchers recruited 22 healthy individuals for the study, who were instructed to breathe very slowly, 3 to 4 breaths per minute with their eyes closed in a supine position. The inspiratory rate was 6 to 8 seconds and the expiratory rate was 9 to 12 seconds.

The researchers noted a low-frequency alpha band in the EEG appeared immediately and quickly was replaced by a theta/delta band shortly after VAB had begun. The participants reported a feeling of vigor and a reduction of anxiety, according to results from questionnaires they completed after the experiment. Read more: <http://www.livestrong.com/article/499464-breathing-exercises-theta-brainwaves/#ixzz1tXqPxUQB>

- ii. Sahaj Samadhi Meditation - Sahaj Samadhi meditation is a form of breathing used for meditation that is part of Sudarshan Kriya yoga, in which breathing is slower and deeper, according to an article in the February 2010 issue of "Cognitive Process." In this study, participants were asked to meditate for relaxation control and EEG patterns were recorded. The researchers noted that theta waves in the EEGs were enhanced during deep meditative periods as compared to control subjects. The study found that while theta waves increased during meditation, the parietal and occipital areas of the brain reduced their activities. The authors stated that this tendency signified a reduction in conscious of self, space and time.
  - iii. Pranayamic Breathing - Pranayamic breathing is a simple yoga technique that uses diaphragm and alternate nostril breathing to alter the physiological response to stress. An article published in the February 2006 issue of "Medical Hypothesis" investigated the effects of Pranayamic breathing techniques on shifts in the autonomic nervous system, to control heart rate, blood pressure and other physiological parameters. For this study, participants were instructed to engage in Pranayamic breathing, while EEG patterns were recorded. The study found an increase in theta brain waves accompanied by the experience of alertness and reinvigoration.
- h. Exercise:
- i. Class tries each method, then decides which one you like. Make a note of it for your mini reading.
2. Some quick ways to connect energetically and begin to receive information. Good if you are in a situation where reading aura is impossible, or if you do not want to read aura (too difficult or not your cup of tea).
- a. Hand writing. Ask client to sign their name. As they are doing so you imagine your energy connecting. Then look at their handwriting and allow the first thing you think of to begin your reading.

<b>Handwriting</b>	<b>Meaning</b>
Crushed	You are rushed right now in your life and feel boxed in.
Open	you are an open person and love making new friends.
Closed	just opposite.
Heavy handed	you are very materialistic and love nice things.
Light and airy	you tend to have your head n the clouds and are very spiritual
Broken	You have a broken relationship with yourself (first name is broken) or family (second name is broken)

- b. **Psychometry** (hold an object). Big picture. Allow whatever you are seeing or feeling to come in.
- c. **Voice** – have them say to you, “I feel really great today,” over and over. Then allow their voice to suggest something about their mood, looks, current situation, etc.
- d. **Cards** – Have client pull a card or cards from your favorite reading deck like Tarot or Soul Destiny deck.

- e. **Other** – you'd be surprised at the ways we can connect with others energetically without even trying. Come up with your own ideas.

Exercise:

- i. Try each method. Then decide which one you like. Make a note of it for your readings.
- ii. The next section offers ways to connect energetically while beginning the reading. You can substitute your connection step by going right into the Symbolic Archetypes depending on what you are led to do.

3. **Symbolic Archetypes** – This is an amazing way to make a quick energy connection and get information about your client to begin the reading. It will reveal the major issues going on in client life at the current time. It produces quick, accurate and insightful results.

Have your client simply relax and make a choice from the symbolic system you are offering. Use your intuition to choose the symbolic system for that client or just follow the sample choices set up at end of this course.

a. Chakras

- i. Choose a Chakra crystal or
- ii. Choose a chakra color: (red, orange, yellow, green, blue, purple, white.)

Chakra	Meaning
White (crown)	Source
Violet (3 <sup>rd</sup> Eye)	Psychic
Blue (throat)	Communicate
Green (heart)	Soul
Yellow (solar plexis)	Ego
Orange (sacral)	Creative
Red	Survival

- b. Choose an animal: <http://www.dreammoods.com/dreamthemes/animals.htm>

Animal	Meaning
1. dolphin	Ascension
2. cat	Psychic
3. bird	Freedom
4. dog	Loyalty
5. lion	Courage
6. egg	Creative
7. Hog	Survival

- c. Choose a flower: poppy (pleasure), marigold (creativity), sunflower (adoration), rose (love), iris (loyalty, peace), violet (third eye), lotus (birth).

Flower	Meaning
Lotus	Rebirth (Egypt)
Violet	Otherside Mourning
Iris	Inspiration, Eloquence, Truth
Gladiolus	Strength
Sunflower	Good luck, wealth, attainment

Marigold	Creativity
Rose	Passionate love

d. Choose a number from 0 to 12 or 22. More info:

<http://www.thedreamtime.com/Numerology/Numerology-Meaning-Chart.html>

Number	Meaning
0	Emptiness, spiritual essence, nothingness, blank
1	Independence, loneliness, creativity, originality, dominance, leadership, impatience
2	Quiet, passive, diplomatic, co-operation, Comforting and soothing. Intuitive, compromising, patient.
3	Charming, out-going, self-expressive, extroverted, abundance, active, energetic, proud.
4	Harmony, truth, justice, order, discipline, practicality, the material world, dedication.
5	New directions, excitement, change, adventure,
6	Love, Harmony, perfection, marriage/family, tolerance, public service, servitude to others.
7	Spirituality, completeness, solitary, isolation, introspection
8	Organization, business and commerce, immortality, resurrection, new beginnings, success/failure, Gaia as Great Mother.
9	Romantic, rebelliousness, determined, easily hurt, passionate, compassionate, affectionate.
10	Independence, loneliness, creativity, originality, dominance, leadership, impatience, spiritual essence.
11	Idealistic, visionary, inspiring as a teacher, spiritual, a martyr.
12	Perfectionist, discriminating.
22	Builder, leader, organizer of humanitarian projects, practical, idealist, honest, intuitive.

e. Gemstones. "What is your favorite gemstone?"

Gem	Meaning
1. Diamond	Amplify
2. Amethyst	Psychic Intuitive
3. Sapphire	Communication
4. Ruby	love
5. Citrine	Abundance
6. Emerald	Fertility
7. Garnet	Stimulate senses

f. Sacred shapes.

Shapes	Meaning
1. Circle	Interconnectedness of all things. Wisdom.
2. Triangle	Missing something in life but does not know what.
3. Rectangle	Wishes things would fit better into his or her life. Waits too long to finish things. Procrastinates. Doesn't fit.
4. Square	Likes things to fit precisely where they go. Perfectionist.
5. Infinity - Mobius	Power of self. Declaration of self. Unto oneself thy will be true. Victory. Emperor and master of the universe.

6. Tunnel (tube)	Transition. Wishes things would change. Never ending journey.
7. Cone	Dead end. Feels limited and trapped.
8. Flower	Needs work and improvement. A work in progress.
9. Angle	Never seeming to finish. Wanting to evolve.

g. Archetypes: Taken from work by Dr. Carol Pearson, <http://www.theherowithin.com>. Here work is based on Carl Jung and Joseph Campbell, Ph.D.

Archetype	Meaning
Innocent	<ul style="list-style-type: none"> <li>• <b>Idealist/utopian:</b> Lives through belief in the perfect world or a set of ideals</li> <li>• <b>Traditionalist:</b> Remains loyal to and maintains faith in simple values and virtues</li> <li>• <b>Perseverer:</b> Stays the course and goes “where angels fear to tread”</li> <li>• <b>Optimist:</b> Believes in the power of positive thinking</li> <li>• <b>Cheerleader:</b> Encourages and cheers on others</li> </ul>
Everyperson	<ul style="list-style-type: none"> <li>• <b>Egalitarian:</b> Believes in the inherent worth and dignity of all</li> <li>• <b>Realist:</b> Tries to face the facts as they are, not as she or he wishes they were</li> <li>• <b>Communitarian:</b> Seeks and builds community in all situations</li> <li>• <b>Comrade/pal:</b> Likes to be one of the gang</li> <li>• <b>Democrat:</b> Believes in the concept of “all for one and one for all”</li> </ul>
Hero	<ul style="list-style-type: none"> <li>• <b>Competitor/winner:</b> Energized by overcoming obstacles and competing with others</li> <li>• <b>Dragon slayer:</b> Energized by besting adversaries</li> <li>• <b>Crusader/rescuer:</b> Emphasizes making a difference for others</li> <li>• <b>Achiever:</b> Consistently produces results and succeeds through discipline/focus</li> <li>• <b>Coach:</b> Shapes individual or team performance by bringing out the best in others</li> </ul>
Caregiver	<ul style="list-style-type: none"> <li>• <b>Supporter/advisor:</b> Lends a helping hand, support, or counsel to others</li> <li>• <b>Advocate:</b> Stands up to others on behalf of those in need</li> <li>• <b>Nurturer:</b> Provides comfort, kindness, and compassion to others</li> <li>• <b>Service provider:</b> Provides consistent, high-quality service or support</li> <li>• <b>Altruist:</b> Gives selflessly to make a difference for others</li> </ul>
Explorer	<ul style="list-style-type: none"> <li>• <b>Trailblazer/pioneer:</b> Sees or scouts for new opportunities/possibilities</li> <li>• <b>Adventurer:</b> Emphasizes adventure and/or new experiences</li> <li>• <b>Seeker/wanderer:</b> Searches for a unique identity, path, or solution</li> <li>• <b>Iconoclast:</b> Places great value on being different and/or independent</li> <li>• <b>Individualist:</b> Maintains personal integrity and authenticity in all endeavors</li> </ul>
Lover	<ul style="list-style-type: none"> <li>• <b>Partner/intimate:</b> Forms close bonds; finds ways to make others feel special</li> <li>• <b>Harmonizer:</b> Ensures that relationships are harmonious and pleasurable</li> <li>• <b>Connector/matchmaker:</b> Brings together people/groups who are well suited for each other</li> <li>• <b>Aesthete:</b> Appreciates/creates beauty and beautiful environments</li> <li>• <b>Bon vivant:</b> Lives life with passion and enthusiasm</li> </ul>

Revolutionary	<ul style="list-style-type: none"> <li>• <b>Troubleshooter:</b> Sees problems/drawbacks/defects in current ways of doing things and determines how to improve them</li> <li>• <b>Radical/rebel:</b> Lives/thinks outside the bounds of conventions and/or takes action or risk without waiting for others to agree/catch up</li> <li>• <b>Challenger/contrarian:</b> Questions the tried and true; presents opposing points of view</li> <li>• <b>Populist:</b> Believes in the premise of giving “power to the people”</li> <li>• <b>Game-changer:</b> Initiates radical innovations that change the rules of the game or the realities of the marketplace</li> </ul>
Creator	<ul style="list-style-type: none"> <li>• <b>Artisan:</b> Gives expression to visions/thoughts/ideas</li> <li>• <b>Innovator:</b> Generates ideas for new approaches</li> <li>• <b>Inventor:</b> Devises objects or ideas that perform new functions</li> <li>• <b>Builder/designer:</b> Makes new forms/ objects/ processes/ structures</li> <li>• <b>Dreamer:</b> Envisions ideas and sees the world through an imaginative lens</li> </ul>
Magician	<ul style="list-style-type: none"> <li>• <b>Catalyst/change agent:</b> Sees opportunities for change or provides impetus for innovative transformation</li> <li>• <b>Envisioner:</b> Sees possibilities and develops a clear vision of the future</li> <li>• <b>Healer:</b> Effects individual or group healing</li> <li>• <b>Intuitive:</b> Uses synchronicities/hunches/serendipity to set a course</li> <li>• <b>Wizard:</b> Has a talent for unexpected, serendipitous results</li> </ul>
Ruler	<ul style="list-style-type: none"> <li>• <b>Leader:</b> Takes charge of people/situations; takes responsibility for the good of others</li> <li>• <b>Powerbroker:</b> Uses power/influence to get things done</li> <li>• <b>Conductor/orchestrator:</b> Directs complex systems/processes/structuresand/or creates order</li> <li>• <b>Role model:</b> Sets standards for others to follow</li> <li>• <b>Peacemaker:</b> Finds common ground among disparate individuals and/or groups</li> </ul>
Sage	<ul style="list-style-type: none"> <li>• <b>Expert/guru:</b> Develops own knowledge and expertise to the highest level</li> <li>• <b>Philosopher/contemplative:</b> Uses deep thinking to seek and create clarity</li> <li>• <b>Mentor/teacher:</b> Shares wisdom with the world</li> <li>• <b>Investigator:</b> Researches and gathers information</li> <li>• <b>Analyst:</b> Thinks things through and synthesizes learning</li> </ul>
Jester	<ul style="list-style-type: none"> <li>• <b>Entertainer:</b> Helps others have fun or a good time</li> <li>• <b>Wit:</b> Uses ingenuity and resourcefulness; lives by his/her wits</li> <li>• <b>Wise fool:</b> Sees the absurdity/hypocrisy of life and rises above it</li> <li>• <b>Holy fool:</b> Emphasizes living life in the now in a Zen way</li> <li>• <b>Jovial truth-teller:</b> Satirizes or parodies current thinking</li> </ul>

h. Choose the time of day, seasons, etc..

Time	Meaning
1. Sunrise	New start, likes new beginnings
2. Sunset	Likes to see the fruit of your labors, enjoy life
3. Dusk	Likes mystery, psychic development, the paranormal
4. Midnight	Looks for meaning in everything.
5. 4am	Astral traveler

6. Spring	Likes fresh things, adventure and new starts.
7. Autumn	Traditional ways.
8. Winter	Sleeping giant. You have much to accomplish, but little time left.
9. Summer	Wants to enjoy life, never lose at anything and stay young forever.

i. **Exercise:**

- a. Choose a system you will use. Make a note of it for your readings.

1. **Readings**

- a. Psychic Readings. 15 minutes each. Do two to five.
  - i. Choose a new partner for each.
  - ii. Teacher review steps for psychic reading.
  - iii. Class begins.
  - iv. Use timers.
- b. Mediumship Readings. 15 minutes each. Do two to five.
  - i. Choose a new partner for each.
  - ii. Teacher review steps for psychic reading.
  - iii. Class begins.
  - iv. Use timers.

# Soul Archetypes Reading Method

---

Client Instructions.

1. **Preparation before reading starts.**
  - a. **Prepare a yes or no question.**
  - b. **Find a comfortable seat. Uncross your arms and legs. Breath in and out a few times from lower abdomen.** (Quick Theta.)
  - c. **Imagine sending your energy out into the space about you.**
2. **Start reading:**
  - i. **Choose a color from two choices given.** Answer to your question. Colors and meanings can change each day. Ex. Black = no. White = yes.
  - ii. **Choose a number from 1-12.** Client's Soul. Soul archetype.
  - iii. **Choose a number from 1-9.** Client's Ego. Sacred shapes.
  - iv. **Choose a number from 1-7.** Client's Gift. Chakras.

## Meanings

1. **Client's soul archetype:** Taken from work by Dr. Carol Pearson, <http://www.theherowithin.com>. Her work is based on Carl Jung and Joseph Campbell, Ph.D.

Archetype	Meaning
1. Innocent	<ul style="list-style-type: none"> <li>• <b>Idealist/utopian:</b> Lives through belief in the perfect world or a set of ideals</li> <li>• <b>Traditionalist:</b> Remains loyal to and maintains faith in simple values and virtues</li> <li>• <b>Perseverer:</b> Stays the course and goes "where angels fear to tread"</li> <li>• <b>Optimist:</b> Believes in the power of positive thinking</li> <li>• <b>Cheerleader:</b> Encourages and cheers on others</li> </ul>
2. Every person	<ul style="list-style-type: none"> <li>• <b>Egalitarian:</b> Believes in the inherent worth and dignity of all</li> <li>• <b>Realist:</b> Tries to face the facts as they are, not as she or he wishes they were</li> <li>• <b>Communitarian:</b> Seeks and builds community in all situations</li> <li>• <b>Comrade/pal:</b> Likes to be one of the gang</li> <li>• <b>Democrat:</b> Believes in the concept of "all for one and one for all"</li> </ul>
3. Hero	<ul style="list-style-type: none"> <li>• <b>Competitor/winner:</b> Energized by overcoming obstacles and competing with others</li> <li>• <b>Dragon slayer:</b> Energized by besting adversaries</li> <li>• <b>Crusader/rescuer:</b> Emphasizes making a difference for others</li> <li>• <b>Achiever:</b> Consistently produces results and succeeds through discipline/focus</li> <li>• <b>Coach:</b> Shapes individual or team performance by bringing out the best in others</li> </ul>
4. Caregiver	<ul style="list-style-type: none"> <li>• <b>Supporter/advisor:</b> Lends a helping hand, support, or counsel to others</li> <li>• <b>Advocate:</b> Stands up to others on behalf of those in need</li> <li>• <b>Nurturer:</b> Provides comfort, kindness, and compassion to others</li> <li>• <b>Service provider:</b> Provides consistent, high-quality service or support</li> <li>• <b>Altruist:</b> Gives selflessly to make a difference for others</li> </ul>
5. Explorer	<ul style="list-style-type: none"> <li>• <b>Trailblazer/pioneer:</b> Sees or scouts for new opportunities/possibilities</li> <li>• <b>Adventurer:</b> Emphasizes adventure and/or new experiences</li> <li>• <b>Seeker/wanderer:</b> Searches for a unique identity, path, or solution</li> <li>• <b>Iconoclast:</b> Places great value on being different and/or independent</li> <li>• <b>Individualist:</b> Maintains personal integrity and authenticity in all endeavors</li> </ul>
6. Lover	<ul style="list-style-type: none"> <li>• <b>Partner/intimate:</b> Forms close bonds; finds ways to make others feel special</li> <li>• <b>Harmonizer:</b> Ensures that relationships are harmonious and pleasurable</li> <li>• <b>Connector/matchmaker:</b> Brings together people/groups who are well suited for each other</li> <li>• <b>Aesthete:</b> Appreciates/creates beauty and beautiful environments</li> <li>• <b>Bon vivant:</b> Lives life with passion and enthusiasm</li> </ul>

7. Revolutionary	<ul style="list-style-type: none"> <li>• <b>Troubleshooter:</b> Sees problems/drawbacks/defects in current ways of doing things and determines how to improve them</li> <li>• <b>Radical/rebel:</b> Lives/thinks outside the bounds of conventions and/or takes action or risk without waiting for others to agree/catch up</li> <li>• <b>Challenger/contrarian:</b> Questions the tried and true; presents opposing points of view</li> <li>• <b>Populist:</b> Believes in the premise of giving “power to the people”</li> <li>• <b>Game-changer:</b> Initiates radical innovations that change the rules of the game or the realities of the marketplace</li> </ul>
8. Creator	<ul style="list-style-type: none"> <li>• <b>Artisan:</b> Gives expression to visions/thoughts/ideas</li> <li>• <b>Innovator:</b> Generates ideas for new approaches</li> <li>• <b>Inventor:</b> Devises objects or ideas that perform new functions</li> <li>• <b>Builder/designer:</b> Makes new forms/ objects/ processes/ structures</li> <li>• <b>Dreamer:</b> Envisions ideas and sees the world through an imaginative lens</li> </ul>
9. Magician	<ul style="list-style-type: none"> <li>• <b>Catalyst/change agent:</b> Sees opportunities for change or provides impetus for innovative transformation</li> <li>• <b>Envisioner:</b> Sees possibilities and develops a clear vision of the future</li> <li>• <b>Healer:</b> Effects individual or group healing</li> <li>• <b>Intuitive:</b> Uses synchronicities/hunches/serendipity to set a course</li> <li>• <b>Wizard:</b> Has a talent for unexpected, serendipitous results</li> </ul>
10. Ruler	<ul style="list-style-type: none"> <li>• <b>Leader:</b> Takes charge of people/situations; takes responsibility for the good of others</li> <li>• <b>Powerbroker:</b> Uses power/influence to get things done</li> <li>• <b>Conductor/orchestrator:</b> Directs complex systems/processes/structuresand/or creates order</li> <li>• <b>Role model:</b> Sets standards for others to follow</li> <li>• <b>Peacemaker:</b> Finds common ground among disparate individuals and/or groups</li> </ul>
11. Sage	<ul style="list-style-type: none"> <li>• <b>Expert/guru:</b> Develops own knowledge and expertise to the highest level</li> <li>• <b>Philosopher/contemplative:</b> Uses deep thinking to seek and create clarity</li> <li>• <b>Mentor/teacher:</b> Shares wisdom with the world</li> <li>• <b>Investigator:</b> Researches and gathers information</li> <li>• <b>Analyst:</b> Thinks things through and synthesizes learning</li> </ul>
12. Jester	<ul style="list-style-type: none"> <li>• <b>Entertainer:</b> Helps others have fun or a good time</li> <li>• <b>Wit:</b> Uses ingenuity and resourcefulness; lives by his/her wits</li> <li>• <b>Wise fool:</b> Sees the absurdity/hypocrisy of life and rises above it</li> <li>• <b>Holy fool:</b> Emphasizes living life in the now in a Zen way</li> <li>• <b>Jovial truth-teller:</b> Satirizes or parodies current thinking</li> </ul>

**2. Client wants: Sacred shapes.**

Shapes	Feels	Desires
1. Circle	Going no where	Connection. Interconnectedness of all things. Wisdom.
2. Triangle	Coming up short	Expansion. Missing something in life but does not know what.
3. Rectangle	Waiting too long, delays	Speed. Wishes things would fit better into his or her life. Procrastinates.
4. Square	Boxed in	Perfect fit (secure). Perfectionist. Likes things to fit precisely.
5. Infinity - Mobius	Powerful	Power and victory. Power of self. Declaration of self. Unto oneself thy will be true. Victory. Emperor and master of the universe.
6. Tunnel (tube)	Incubating, cocooning	Transformation. Wishes things would change. Journey would end.
7. Cone	Diminishing opportunity	Opening. Feels limited and trapped.
8. Flower	Blossoming	Renewal. Needs work and improvement. A work in progress.
9. Angle	Incomplete	Completion. Never seeming to finish. Wanting to evolve.

**3. Client blocks: Chakra issues in effect at this time. Choose a number from 1 to 7.**

Chakra	Blocked connection to.
1. White (crown)	Source
2. Violet (3 <sup>rd</sup> Eye)	Psychic Ability
3. Blue (throat)	Communication of truth
4. Green (heart)	Soul, purpose
5. Yellow (solar plexis)	Ego, importance, sense of self
6. Orange (sacral)	Creativity
7. Red	Survival