

Claircognizance for Mediumship

Communicate With Other Side. All clear senses. (1) Open your gifts, (2) Spirit map, (3) Psychic Detective & Pet Mediumship (4) After Life Communications mediumship.

Section 1 & Beyond

- **Section 1: Open your gifts,**
 - Open Naturally
 - Psychic Senses
 - Types of Mediumship
 - Viewing Spirit Body
- Section 2: Spirit map
- Section 3: Psychic Detective & Pet Mediumship
- Section 4: After Life Communications Mediumship

Before Continuing

- Recommend you do psychic development before continuing. Mediumship is more advanced.
- Some other courses in this series are: Intuition for Abundance & Mediumship, Channeling for Mediumship, Clairvoyance for Mediumship
- Forms of training includes self paced video format or online classes. The Intuitive Playground describes these resources [HERE](#).

Opening Naturally

- Many classes ignore your natural way of working. They simply say, “Get the information.”
- Work from your existing gifts and build on them outward.
 - Reiki Master: Use Reiki, relax and receive messages.
 - Tarot Card Reader: Use Tarot cards to break the ice.
 - Angel or Guide Channel: Channel your way to opening.
- Story about how students in a class I taught got unblocked by using their existing tool set.

What is your existing tool?

- MAKE A NOTE OF YOURS FOR LATER.
- Tarot, playing or Angel Cards
- Psychometry using object from deceased loved one.
- Channeling or automatic writing.
- Pendulum.
- Tea leaf or coffee grind reading.
- Aeromancy.
- I-Ching
- Rune Stones
- Chinese Sticks

My Story – Channel Vs. Try

- I was making contact using channeling.
 - Friend of my family asked I bring in their father who was murdered in South America. Their father came in so clearly. It was so natural and so correct!
- BUT when I took a class and tried to connect using the tools they taught, I strained and strained.
- FINALLY through example of a medium friend I stopped straining and just channeled!
- THIS EVER HAPPEN TO YOU?

Is Mediumship A Gift?

- What do you think?
- Class I took a man brought in my father perfectly, yet he was “intuitively challenged” for the most part.
- I believe we all have the gift, but some have more talent for it than others.
- We can all sing, but not all of us are a Pavarotti.

Mediumship Secrets

- **The Prayer**. I teach the souls in my prep prayer how to connect with me and what I need:
 - Positive ID. Appearance, Names, Relationship to sitter; Cause of passing, Personal Message of Significance to the sitter (one getting messages).
 - Find my frequency. Try different frequencies to find mine. Use Guides to help.
- Then when in session, most come right out with it!
- **Conversational Tone**. Leave the space for them to speak. I allow the conversation to go where it wants to go. I don't control. Works best.

Psychic Gifts Review

1. Clearly see (clairvoyance). You might see pictures, colors and images.
2. Clearly hear (clairaudience). You might hear information like words being spoken to you into your head. Soul Channel class.
3. Clearly feel (clairsentience or empathic). You might feel things such as fear, choking, tiredness, sadness and loss. I sometimes get feelings which have to wash through my body before I can continue. Remember these are not your feelings. Remain objective and in control. Soul Abundance class.
4. Clearly know (claircognizance). Information just pops into your head. You just know it. Soul Medium class.
5. MEDIUMSHIP: Clearly taste (clairgustance) or smell (clairalliance). Less common but some psychics do have these abilities available. Soul Medium class.

Mental Medium Vs. Physical

- QUESTION: What is difference between mental medium vs. physical medium?
- When mediumship first was discovered in western society by the Fox sisters in New York, the mediums of that time were very fond of physical demonstration from the other side.
- This meant levitation, table tapping, apports (physical objects channeled from spirit) were all the rage. Unfortunately this led to a lot of charlatans attempting to demonstrate, thus creating a bad name for all spirit communications.
- Fortunately mediumship continued to be done. Today most spirit communication is what is called mental mediumship. This means that evidence is in the form of information from spirit, not physical demonstration.

Viewing a Ghost

- QUESTION. Do ghosts exist? Anyone ever seen a ghost?
- My story. After my mother died I moved into the house she lived in before her death. One bright Sunday morning, I awoke, but lingered in bed in a luxurious “semi” sleep. As I lay there I had the oddest sensation.
- My consciousness floated up out of my body into the hallway outside my bedroom. I was not scared. I simply observed what was happening.
- In the hallway a figure approached my floating mind from down the hall. As it came closer I realized it was my mother, looking perfectly healthy, wearing her favorite maroon knitted vest with matching slacks.
- She did not notice me at all but happily walked past me into my bedroom.

Viewing A Ghost

- As soon as I realized this was my mother I jolted back into my body. After this experience I wondered what it was all about. Was that my mother's ghost or was it an energy of her past life left in the house after her passing? Objects including houses can hold energy.
- Perhaps someday I will get the answer to this question, however, for now I remain in fascination. What is learned from this story?
- Well, the first thing is that when you are in a sleepy daydream state you can have paranormal experiences. Many "out of body" experiences come by deliberately developing ability to go into "deep alpha to theta" brain wave states.

Meditation

- QUESTION: Do you meditate? Is it valuable for psychic work?
- If you are going to do mediumship or psychic work it is mandatory to meditate every day. This will give you the ability to enter this “dreamy” state easier.
- If you are not meditating every day you might want to look up on <http://www.youtube.com> various meditations.
- It will make meditating that much easier for you.

Ethics

- Ethical mediumship is evidential mediumship.
- Facts, facts, facts. Validate, validate, validate.
- Bring in the soul with predominant energy vs. asking for whom they want
- Spirit needs to prove itself.
- Don't over read for people
- Don't do "reading" through souls on other side.
- ADD TO THIS LIST.

KEY DATA TO GET

- **RELATIONSHIP:** Sense a presence: male or female. Sense energy: parental, peer or junior.
- **APPEARANCE:** What do you see, feel or hear? Some things to look for include hair texture, color, length, nose size, shape, width, eyes, eye brows, wrinkles, thin, fat, glasses, etc.
- **DEATH:** Sense body. What do you feel, see or hear? Do you feel illness or trauma anywhere? Where do you feel it? Sudden or prolonged? Accident or illness?
- **NAMES:** Ask for a name. Give EXACTLY what you get.
- **PERSONAL MESSAGE:** Ask for a personal message of significance. Ex. How they will or do communicate with sitter. Give EXACTLY what you get.
- **ADDITIONAL:** Were they religious? Did they have an easy going personality? Were they educated and/or intelligent? Were they professional or blue collar. Pets, animals. Children in family. Others in spirit with them.
- Let anything else that needs to come in come in.

Get a Partner

- Before continuing get a partner with which to work.
- Class: Teacher leads assignments.
 - First exercise in class teacher is partner.
 - Remaining exercises work with your partner.
- On your own choose from acquaintances or from Facebook Support Group: Soul Psychic Healer.
- Exercises begin on next pages.

LOVE Formula – Steps to Work

- Do this now.
- Let go in meditation.
 - a. Theta Brain Wave Meditation. The most important secret to opening your miracle mind is through deliberate access to deep Alpha to Theta brain wave states. It is this brain wave state which is responsible for access to the miracle mind, collective unconscious or what physicists call “zero point.”
 - b. The easiest way I have found to gain access to this brain wave state is to use a “Deep Theta Meditation” found for free on youtube.com. If you do this daily for 8 minutes or before working psychically, you will have a significant advantage.
 - c. NOW: Uncross arms, legs, sit back, breathe abdominally.

LOVE Formula (Cont'd)

- Open in prayer.
- *“Father, mother, god, all beings of the highest love and light, I thank thee for providing me clear, accurate messages for highest good of all in today’s session. Souls that come through, I thank thee for providing me a picture of what you looked like on earth, your name & any other names of significance, your cause of passing, your relationship to sitter and any message of personal significance to sitter such as how you communicate with them. [Adapt to your needs]. Please send pictures to my eyes, words to my ears, feelings to my body and knowing to my brain. Please try different vibrational frequencies to find the right one for me.*
- *I thank thee, oh infinite spirit, for providing me 100% accuracy, 100% of the time, as a clear and open Channel for God’s work.*
- *I thank thee for allowing us to only work in the highest love, light and **protected** space possible.*
- *I thank thee for automatically opening & closing spirit connection for each session.*
- *And so it is. “*

LOVE Formula(Cont'd)

- Vibration Alignment with sitter (subject of reading) by visualizing energy fields combining.
 - a. Close your eyes. Visualize your sitter. (Class aligns with whole class.)
 - b. Imagine they have an energy field coming out of them.
 - c. Imagine you have an energy field coming out of yourself.
 - d. Imagine both energy fields blending.
 - e. You should feel a click as you connect.

LOVE Formula (Cont'd)

- Entirely receive.
 1. Entirely receiving is the most difficult phase of this process for many people, but is critical to be able to do in order to access your miracle mind. You must be willing to allow yourself to report or accept anything that comes in as part of your psychic experience, even if it seems silly.
 2. Example. Story of seeing a mouse dressed in a Tuxedo and Top Hat. Woman in spirit was a seamstress on earth. Meaningful!
 3. Give what you get and you will GET much MORE!

Exercise 1 – Tools to Open

- PARTNER. CLASS: Use instructor for this exercise. OUTSIDE OF CLASS: Work with friends or acquaintances on Soul Psychic Healer (Facebook Support Group).
- Connect to your method of divination. Here are some possible tools you might use.
 - Tarot, playing or Angel Cards
 - Psychometry using object from deceased loved one.
 - Channeling or automatic writing.
 - Pendulum.
 - Tea leaf or coffee grind reading.
 - Aeromancy.
 - I-Ching
 - Rune Stones
 - Chinese Sticks
- PREPARE with the LOVE formula if you have not done yet, reviewed on 4 slides before this.

Exercise 1 – Tools to Open

- Get answers to these questions for INSTRUCTOR or with a PARTNER if working alone. 5 minutes. Go slowly.
 - RELATIONSHIP: Sense a presence: male or female. Sense energy: parental, peer or junior.
 - APPEARANCE: What do you see, feel or hear? Some things to look for include hair texture, color, length, nose size, shape, width, eyes, eye brows, wrinkles, thin, fat, glasses, etc.
 - DEATH: Sense body. What do you feel, see or hear? Do you feel illness or trauma anywhere? Where do you feel it? Sudden or prolonged? Accident or illness?
 - NAMES: Ask for a name..
 - PERSONAL MESSAGE: Ask for a personal message of significance.
 - ADDITIONAL: Additional things to sense, see, hear for evidence. Were you religious? Did you have an easy going personality? Were you educated and/or intelligent? Were you professional or blue collar. Pets, animals. Children in family. Others in spirit with them.
 - SHARE in class or with partner if working alone.

Exercise 2 – Sense W/O Tools

- PARTNER EXERCISE. 5 minutes.
- Do the LOVE formula if you have not yet on slides earlier in this presentation.
- Use questions on next slide with your partner.
- You might sense first but seeing and hearing could come into play. Be open to your predominant psychic sense.
- SHARE. Write down your answers for sharing in class or if working on own, deliver to partner as you get.

KEY DATA TO GET

- RELATIONSHIP: Sense a presence: male or female. Sense energy: parental, peer or junior.
- APPEARANCE: What do you see, feel or hear? Some things to look for include hair texture, color, length, nose size, shape, width, eyes, eye brows, wrinkles, thin, fat, glasses, etc.
- DEATH: Sense body. What do you feel, see or hear? Do you feel illness or trauma anywhere? Where do you feel it? Sudden or prolonged? Accident or illness?
- NAMES: Ask for a name..
- PERSONAL MESSAGE: Ask for a personal message of significance.
- ADDITIONAL: Additional things to sense, see, hear for evidence. Were you religious? Did you have an easy going personality? Were you educated and/or intelligent? Were you professional or blue collar. Pets, animals. Children in family. Others in spirit with them.
- SHARE in class or with partner if working alone.

Exercise 3 – SEE SPIRIT

- Work with existing or new partner.
- Do the LOVE formula. Let go in meditation, Open in prayer, vibrationally align with your subject and entirely receive.
- Imagine you can see a picture of the loved one in spirit.
- Describe in writing or right away EXACTLY what you see. Pay attention. Spirit will show you much.

Exercise 3 – Hear Spirit

- Now ask the soul these questions and record or deliver EXACTLY what you get.
 - What is your relationship to the sitter?
 - Did you have any children when you were on earth?
 - Did you die of illness or was it an accident?
 - Did you live in the United States? Did you live in the north east, the mid west or the south west? You can continue with geographic questions until you find the city they lived in.
 - What hobbies or activities did you do when you were on earth?

Exercise 3 – Conversation

- Now it is time to get more conversational. Ask soul in spirit if s/he has any messages for the sitter.
- It is imperative to allow the soul to lead messages, not your sitter, or pipeline will close.)
- Become the intermediary of the communication.
- This conversational flow should be the objective for all of your mediumship.

Exercise 3 – SHARE

- SHARE. If working in class, now deliver what you got. If alone deliver messages as you get them.
- Get confirmation. Ask sitter (one getting the messages), “Is this is correct, Y or N, please?”
- Habits. It is important to get into the habit right now to confirm what you are getting.
- Credibility. Getting confirmation on each fact builds credibility with the sitter critical to your success as a medium.

Homework

- Do this class with different individuals until you finally arrive at a conversational flow with the other side.
- You do not have to be perfect, but you should at least start to experience more fluid communications before moving onto the next chapter.
- Next week: The family map.