

Clairvoyance for Mediumship

Clear Seeing (Clairvoyance). (1) Read Auras (2)
Read and heal using chakras,(3) Telepathy and
Remote Influence; (4) Remote Viewing and Medical
Intuition.

Section 1 & Beyond

- **Section 1: Reading the Aura, The Map**
 - About Psychic Senses, LOVE formula
 - Psychometry Reading Warm-up
 - Looking at the aura
 - The Aura Map – Reading past present & future using the map
- Section 2: Reading Chakras, Healing
- Section 3: Remote Viewing & Medical Intuition
- Section 4: Telepathy & Remote Influence (Healing)

Is Everyone Psychic?

- WHAT DO YOU THINK?
- I think, yes, but not everyone is a gifted psychic.
- We all have talents.
- Just like everyone can play basketball not everyone is born over 7 feet tall with the coordination and other gifts to play as a professional.

Psychic Senses



- WHAT IS A PSYCHIC SENSE? The ways a psychic can get information.
- WHAT ARE THEY?
 1. Clearly see (clairvoyance). You might see pictures, colors and images. THIS CLASS FOCUSES ON SEEING.
 2. Clearly hear (clairaudience). You might hear information like words being spoken to you into your head. Soul Channel class.
 3. Clearly feel (clairsentience or empathic). You might feel things such as fear, choking, tiredness, sadness and loss. I sometimes get feelings which have to wash through my body before I can continue. Remember these are not your feelings. Remain objective and in control. Soul Abundance class.
 4. Clearly know (claircognizance). Information just pops into your head. You just know it. Soul Medium class.
 5. Clearly taste (clairgustance) or smell (clairalliance). Less common but some psychics do have these abilities available. Soul Medium class.

LOVE Formula

Detailed Steps to Work

- Let go in meditation.
 - a. Theta Brain Wave Meditation. The most important secret to opening your miracle mind is through deliberate access to deep Alpha to Theta brain wave states. It is this brain wave state which is responsible for access to the miracle mind, collective unconscious or what physicists call “zero point.”
 - b. The easiest way I have found to gain access to this brain wave state is to use a “Deep Theta Meditation” found on youtube.com. If you do this before working psychically, you will have a significant advantage.
 - c. **RECOMMENDED:** At least eight minutes.

LOVE Formula (Cont'd)

- Open in prayer.
 - *“Father, mother, god, all beings of the highest light and love, please come to me now in the reading for ‘name.’ Please allow all messages to be received clearly, accurately with validated evidence and healing, as intended for the highest good and benefit of ‘name’ and all those with whom she comes in contact. Please allow us to only work in the highest love, light and protected vibration. When this session is over please disengage connections. And so it is. “*

LOVE Formula(Cont'd)

- Vibration Alignment with your subject by visualizing energy fields combining.
 - a. Visualize yourself sitting opposite your subject (person for which you are reading). If that subject is already in front of you then simply see them in your mind's eye.
 - b. Imagine they have an energy field coming out of them.
 - c. Imagine you have an energy field coming out of yourself.
 - d. Imagine both energy fields blending.
 - e. You should feel a click as you connect.

LOVE Formula (Cont'd)

- Entirely receive.
 1. Entirely receiving is reporting anything that comes in psychically, even if it seems silly.
 2. Example. Story of grandfather wearing a cowboy outfit and saying he was from the West. Embarrassing. I said it. Meaningful!
 3. Give what you get and you will GET much MORE!

GET EXERCISE PARTNERS

- GET PARTNERS. As you review this video receive for anyone in class (teacher or receive for a known or not known classmate) to practice beforehand.
 - When in class you will be assigned a partner.
 - Working on own, get a partner from Facebook Support Group “Soul Psychic Healer” or anyone you know.
- WRITE DOWN. Write down your results during exercises for sharing later.

Preparation: Warm Up Exercise

1. PSYCHOMETRY.

1. LOCAL: Have subject give reader a personal piece of often worn jewelry.
 2. BEFORE CLASS. Student envisions someone in class either known or not known and receives.
 3. ONLINE CLASS (REMOTE): Student writes first, last name of subject and detailed name of object of theirs on a piece of paper. Fold up into a small square.
2. STUDENT: Get a paper and pen ready. Hold jewelry or paper in your hands. Write down what you get.
 3. SHARE with subject during or after class.

Prepare NOW with LOVE Formula

- Prepare by doing the LOVE formula before beginning.
 - Let go in meditation. Youtube.com Theta 8 minute.
 - Open in prayer. “Dear God please allow for accurate messages in love, light and highest good of all. Please disengage energies when done. Amen.”
 - Vibrate in alignment. Connect your energy field to the subject of reading.
 - Entirely receive.

Psychometry Warm Up

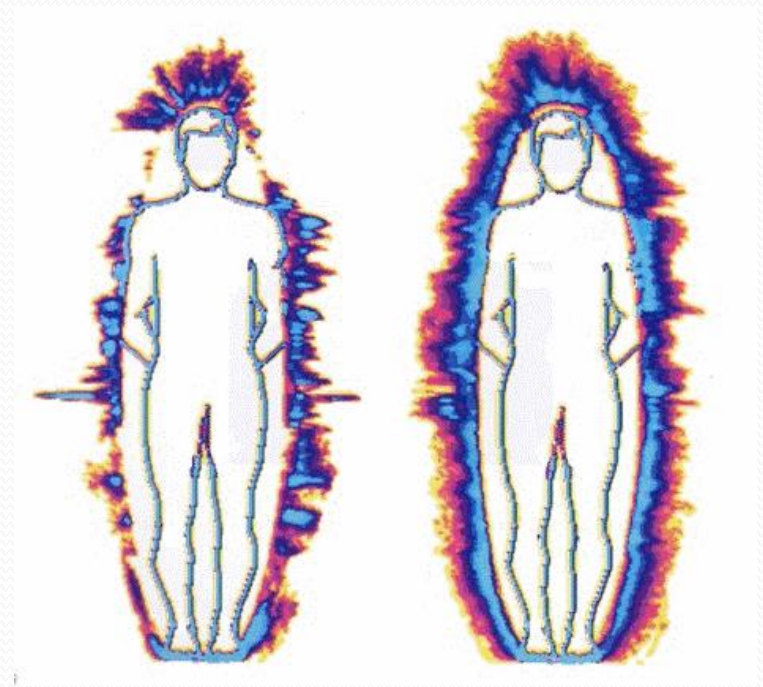
- Clear your mind as you hold the jewelry or piece of paper.
- Ask to receive information.
 - Life reading: Wait to see, feel or hear anything. Write down what you get. Ask spirit if the subject of reading has a problem in life (money, love, health) which requires a solution. Ask for a solution from spirit. Write down what you get.
 - Mediumship (only for those with mediumship experience): Get the relationship, appearance, names, cause of passing and/or personal message for sitter. Wait to see, feel or hear an answer. Write down what you get.

SHARING RESULTS

- Share your results with your partner in class or on phone if working on your own.
 - LARGE CLASS(>4 students) . Share afterwards on phone with your partner unless you have a chance to share in class.
 - TURNS. All students will get at least one turn to share in the class.

Reading the Aura

- What is an aura? The body's electro magnetic field reflecting exactly your energy at any one point in time. Here is a picture of an aura before and after meditation.
- My story. GDV scan reflected my aura compromised.



Meanings of Colors in the Aura

- Aura color meanings are same as chakra colors. If you see other colors in the aura simply ask spirit what those colors mean.
- Chakra color meanings:



Crown - Spiritual

3rd Eye - Perception

Throat - Expression

Heart - Love

Solar Plexus - Power

Sacral - Sex

Root - Survival

My Meanings of Chakra Colors in Aura

Chakra	Chakra Location	Color	Aura Meaning
Crown	Top of head	Violet to White:	Connection to Source, spirituality Cloudy or dark: spiritual link is blocked
Third Eye	Mid forehead	Purple or Indigo:	Third eye awakening, use of intuitive and psychic gifts.
Throat	Neck area	Blue light or dark	Blue light, clear communicator, spiritually evolved Blue dark, communication is blocked
Heart chakra on right	Right side of chest	Light Pink	Love
Heart chakra on left	Left side of chest	Green	Soul purpose, healing energy
Solar Plexus	Stomach area	Yellow to Gold	Ego drive, wisdom, learnedness, intellect versus intuition
Sacral	Below belly button	Orange	Creativity, sexual expression
Root	Groin	Red	Survival issues

Aura Map

Right side of subject's body –

Intuitive, creative and receptive female energy & relationships.

Current Female Relationships including recent past & future.

Left shoulder to temple.

Future: temple

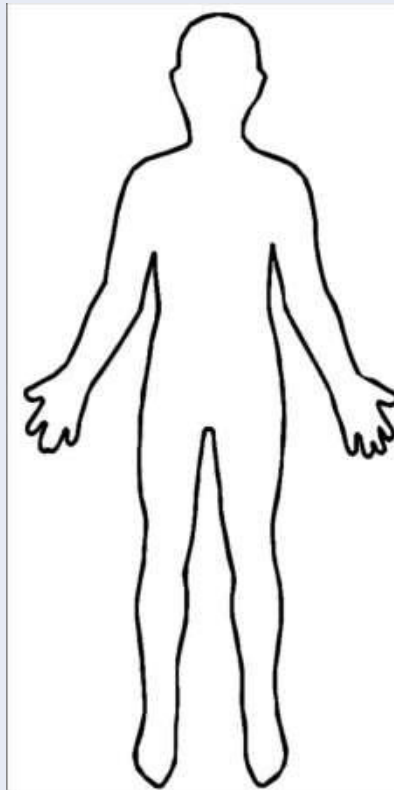
Current: neck

Past: shoulder.

Current Social Status Related to Female Energy: near solar plexus.

Past Female Relationships, like mothers, grandmothers, etc. Deceased loved ones.

Crown: Connection to Source, spirituality. Cloudy or dark: spiritual link is blocked. Other colors can be here too. Interpret each color using chakra meanings, but then relate to connection to source.



Left side of subject's body –

Intellectual, analytical and assertive male energy & male relationships

Current Male Relationships including recent past & future.

Left shoulder to temple.

Future: temple

Current: neck

Past: shoulder.

Current Social Status Related to Male Energy: near solar plexus.

Past Male Relationships like fathers, grandfathers, etc. Deceased loved ones.

EXERCISE: Aura Reading Preparation

- Get a partner with which to work, if you do not yet have one. Have pen and paper ready to record findings.
- Now take a moment to do the LOVE formula before beginning.
 - Let go in meditation
 - Open in prayer. *“Dear God please allow for accurate messages in love and light and highest good of all. Disengage energy at end. Amen.”*
 - Vibrate in alignment. Connect your energy field to the subject of reading.
 - Entirely receive.

Aura Reading Exercise

- After making the energy connection with your client wait to see, colors and/or pictures around your client. Focus on the upper left area of subject for relationships with men OR an area of your choice, BUT you must focus on only area at a time.
- EYES: Closed recommended.
- EXTRA: MEDIUMSHIP. Only do this if you have successfully done other areas of the aura. Look for deceased loved ones in the area of lower left or lower right of aura. Try to get appearance, relationship, cause of passing, names, personal message, etc.
- Record and write down what you are seeing.

Aura Reading Exercise (Cont'd)

- Continue to read and record the aura in the chosen area until no more information is shown to you.
- Discuss your findings with your subject.
- You will be amazed how much information was revealed to you and how accurate it was.
- Do this exercise again time allowing by focusing on another area. This can be done repeatedly.

Next Steps

- Join the Facebook support group: Soul Psychic Healer and get partners with which to work.
- Do these exercises again and again. Your experiences will deepen.
- Attend Next week's class: Reading & healing with chakras.
- Schedule one on one coaching with Spirit Medium Laura as desired. Special discounts of up to 33% w/o obligation.

FACILITATOR - Workshop

- Facilitator leads group through exercises on these slides:
 - Slides 9-13.
 - Slides 18-20.
- Time allowing this exercise can be done over and over again focusing on new partners and new areas in the aura.
- Namaste, Spirit Medium Laura
(SpiritMediumLaura.com)