# Clairvoyance for Mediumship

**Clear Seeing (Clairvoyance).** (1) Read Auras (2) Read and heal using chakras, (3) Remote Viewing and Medical Intuition; (4) Telepathy and Remote Influence.

#### Section 2 & Beyond

Section 1: Reading the Aura, The Map

#### Section 2: Reading Chakras, Healing

- Warm Up (Billet Reading)
- Review Each Main Chakra
- Read
- Heal
- Section 3: Remote Viewing & Medical Intuition
- Section 4: Telepathy & Remote Influence (Healing)

#### Soul Healing With Chakras

- By reading each chakra, major psychological blocks revealed, allowing us to clear and heal them.
- Get soul level (soul contract) information
- Understand & clear karmic life blocks
- Learn past lives
- See aspects of person from 7 different layers
- Create new life for person
- Raise their vibration to miracle frequency

## **Soul Healing Story**

- Gynecologist client felt she was blocked in LOVE
- Read each chakra
  - Root scarcity issues shown around love
  - Solar plexus showed difficult mother, only given conditional love
  - Heart chakra tied up in thorns indicating inability to love
  - Sacral early sexual abuse with cousin (showed as a man wooing her with a bouquet of flowers). Detailed on next page.

#### **Chakra Reading Story**

- As I read each chakra, I came to her sacral chakra.
- There I saw a man wooing her as she lied down on a couch. He had a bouquet of flowers and was seducing her.
- Spirit told me her age, only 14. She told me this was her cousin, who kept trying to seduce her.
- She was still trying to deal with this.
- Healing: We color and affirm each chakra as healed. Detailed later.

#### Warm Up Exercise Setup

- Teacher assigns PARTNERS. Working on own, find a partner.
- Smaller Class: Each person is given a chance to share their answers.
- Larger class some selective sharing. Then later through Soul Psychic Healer Facebook Support group connect to share your answers.
- Materials: Clean, unused pad of paper and pen.

#### **Billet Reading Warm-up**

- This exercise can be long distance or in person.
- The subject (one receiving the reading) writes down a Yes or No question on clean paper.
- PREPARE YOUR QUESTION NOW.
- Then the paper is folded up into a small square with initials and date of birth written on the outside of the paper.
- Subject hands this paper to the psychic or holds in their own hand if doing long distance (works!).

#### Prepare to Work w/ LOVE Formula

- Prepare by doing the LOVE formula before beginning.
  - Let go in meditation. Later: Youtube.com for 15 minute psychic meditation. Now: open, breath abdominally 3Xs.
  - Open in prayer. Dear God please allow for accurate messages in love, light and highest good of all. Disengage energy at end. Amen.
  - Vibrate in alignment. Connect your energy field to the subject of reading.
  - Entirely receive.

#### **Billet Reading Warm-up**

- Long distance. If doing long distance subject holds their paper, providing initials and date of birth to the psychic AND intensely focuses on their question. (WORKS!).
- You, the psychic should then clear your mind, focus on the billet, while waiting to receive images, perceptions, feelings, words and so on.
- By allowing the information to flow the psychic reader will amazingly be able to deliver a full reading for the subject.
- Receive NOW & write down your answers.

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#### **SHARE Answers**

- Share with your partner in class what you received.
- CHAKRAS begin next slide.

#### **Meanings of Each Chakra**

- The chakras are a repository for information, energetic blocks and respond well to healing and clearing.
- I have found sexual abuse, beatings, major life blocks, feelings of defeat, etc. all held within the chakras.

Crown - Spiritual <sup>d</sup> Eve - Perception Throat - Expression Heart - Love Sacral - S Root - Survival

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#### Each Chakra Meaning

- Root: Red. Feelings of security and having enough money, talent, ability, time, etc. Blocked: Sense of scarcity.
- Sacral: Coral. Creativity, sexuality and reproduction.
  Blocked: Creativity and/or sexuality hindered.
- Solar Plexus: Yellow. Ego, place in external world, work, money, ambition, marriage, divorce, self esteem, etc. Blocked: Low self esteem, ability to carry out ego driven goals and desires.

#### Each Chakra Meaning

- Heart: Green. Love both for self and others.
  Blocked: Ability to Love is thwarted.
- Throat: Blue. Expression of one's truth, essence, purpose, etc. Blocked: Hindered expression of personal truth.
- Third Eye: Indigo Violet. Use of intuition, psychic gifts, past lives show here as well. Blocked: no use of intuition or psychic gifts.
- Crown: White. Relationship to source, God, faith.
  Blocked: No sense of a higher power guiding you.

#### **Chakra Reading Preparation**

- Now take a moment to do the LOVE formula before beginning.
  - Let go in meditation. Now: Open body, breath abdominally. Later: Youtube.com 15 minute psychic meditation.
  - Open in prayer. Dear God please allow for accurate messages in love, light and highest good of all.
     Disengage energies at end. Amen.
  - Vibrate in alignment. Connect your energy field to the subject of reading (me now, friend later).
  - Entirely receive.

## **Chakra Reading Exercise**

- After making the energy connection with your PARTNER (subject of reading) look to see, while keeping your eyes closed (or open), colors and/or pictures in root chakra of your subject.
- Stay relaxed, focused and flexible. You will be amazed at what you get.
- Report and write down what you are seeing.
- Rest before going on to the next chakra. Do at least two more chakras of your choice.
- As you develop only do one at a time, as is intense, HOWEVER, over time you can do all of them easily.

#### Share what you got

 Teacher will facilitate sharing selectively what you got before going on.

#### **Chakra Healing Exercise**

- Heal a chakra right after reading it. Here's how.
- <u>Send the color.</u> Vision cloud of respective colored light in front of chakra. Then on inhale send the color for that chakra from front to back and on exhale from back to front.
- <u>Affirmation</u>. Then say the affirmation for that chakra (on next page) out loud together.
- <u>Aromatherapy</u> can optionally be used to further support this process.
- Note chart on next page.

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#### Chakra Healing Chart

Chakra Archetype – Block

Affirmation – I AM

Aromatherapy

- 7) Connection to Source. WHITE SOURCE.
- 6) Intuitively led. VIOLET INTUITION
- 5) Expression of my truth. BLUE EXPRESSION.
- 4) Love, what I love, my feelings, LOVE. feeling my truth. GREEN
- 3) Ego, Status, Self ME Esteem. YELLOW
- 2) Creativity, Sexuality. ORANGE CREATIVE.

1) Scarcity, Survival, Money. RED

#### SECURE.

(c) Copyright 2014 Laura Bartolini Mendelsohn -SpiritMediumLaura.com Myrrh, Violet, Frankincense,

Clary Sage, Lemon, Thyme

Blue Chamomile, Hyssop, Clementine.

Rose, Benzoin, Eucalyptus.

Basil, Ginger or Bergamont

Jasmine, Geranium, Orange Blossom

Patchouli, Vetiver, Sandalwood,

#### Do a healing

- DEMO. Teacher demonstrates healing one chakra of a student in class.
- HEAL SELF. Students each follow teacher along in healing one chakra of their own
- HEAL OTHER. Students each follow teacher in healing one chakra of their class partner.

#### OPTIONAL: Create a Healing Hologram

- Recommend your subject do a daily mindful meditation and repeat "I AM love," as a mantra affirmation during the meditation. This will renew the healing you just did on a daily basis.
- Psychic Mindful Meditation.
  - Sit comfortably in upright open body position.
  - Close eyes. Focus straight ahead. Say, "I AM love."
  - Do for 5, 10, 15 to 30 minutes a day and/or during repetitive mindful times like walking, bathing, even going off to sleep.

#### Next Steps

- Join the Facebook support group: Soul Psychic Healer!
- Do this again and again with your class mates or others you meet in support group.
- 1. Do as many billet readings for the next week as possible.
- 2. Do as many chakra readings and healings for the next week as possible.
- Your experiences will deepen.
- Attend next week's class: Remote viewing, medical intuition.

#### **FACILITATOR Notes**

- Facilitator will lead exercises during online workshop.
  - Exercises on Slides 6-10
  - Exercises on Slides 14-21