

Clairvoyance for Mediumship

Clear Seeing (Clairvoyance). (1) Read Auras.
(2) Read and heal using chakras. (3) Remote
Viewing and Medical Intuition. (4) Telepathy and
Remote Influence.

Section 4

- **Section 1: Reading the Aura, The Map**
- **Section 2: Reading Chakras, Healing**
- **Section 3: Remote Viewing & Medical Intuition**
- **Section 4: Telepathy & Remote Influence (Healing)**
 - Sending and receiving information
 - Healing remotely

About Telepathy

- Telepathy is the ability to communicate with another without physical contact.
- This is an ancient art speculated to have been mastered by the Lemurians. More information at:
<http://www.crystalinks.com/lemuria.html>
- The ancient Lemurians were vegetarian. Another postulate is being vegan or vegetarian creates a body less dense at a higher vibration, making it easier to be telepathic. You be judge of that.
- The Lemurians did astral travel and teleportation as well. To learn more about this fascinating civilization visit this website. <http://www.crystalinks.com/lemuria.html>

Example of Telepathy

- Your friend and you agree to exchange a message at 3:30pm as to where to meet at 5pm to shop. One of you will send and one receive the store location.
- You both get into a focused, relaxed state of mind (trance) at the decided time and the transmission is made about the store choice.
- At 5pm you meet at the location. The transmission was successful.
- (If not hopefully you had your cell phones handy!)

Story About Telepathy

- The first class I taught on telepathy was quite amusing. I had the class agree on one of three color choices, purple, yellow or red while I was out of the room.
- Then they were to all focus on the name of the color, what it looked like and a feeling associated with the color as they sent the color to me.
- As I sat there with my eyes closed waiting for their transmission, I had the oddest experience. I heard a loud hissing sound like a bomb flying at me.
- Before I had a chance to panic I heard a crash as I saw the word “purple” spell itself out in bright, bold, purple letters, “P-U-R-P-L-E,” in my mind. I sat there laughing in shock and yelled out, “Purple!”

Story About Telepathy cont'd

- It was correct and we all were deeply amused.
- Clear Senses Used: Seeing, Feeling and Hearing!
- How often do you experience a word as a physical experience?
- I SAW “Purple,” I did not hear it. Telepathy includes ANY type of transmission: seeing, hearing or feeling.
- Metaphysicians say, “A thought is a thing.” I know now how true this is. I personally experienced it.

About Telepathy

- Once you know how to do the L-O-V-E formula (Let go in meditation, Open in prayer, Vibration alignment, Entirely receive messages)
- And begin working with subjects you will find you have access to all sorts of information.
- At times you will “hear” the information as a voice in your head. Other times you may “see” the answers. Lastly you may “feel” the information.

Prepare for Telepathy Exercise

- Get a partner. (Alone: go to Facebook support group, Soul Psychic Healer. In Class: Facilitator works directly with students and assigns partners for later.)
- Prepare with LOVE formula.
 - Let go with 3 deep abdominal breathes. (When working on own do a 15 minute psychic meditation.)
 - Open in prayer. “Father, mother, God, all beings of highest love & light, please come to me now for this divine connection. Please disconnect me at end automatically. And so it is.”
 - Vibration alignment. Connect your energy with class or partner.
 - Entirely receive messages.

Telepathy Exercise 1 - Colors

- TEACHER IS PARTNER. Teacher sends a color from one of these 3.
- Colors: Violet, Blue, Red.
- Get still. Clear your mind. Focus. See, hear or feel the color. Record answer. Share. (Selectively share in larger classes.)

Telepathy Exercise 2 - Animals

- TEACHER IS PARTNER. Teacher sends you an animal from one of these 3. Listen carefully and choose the one you get.
- Animals: Bird, Fish, Dog.
- Get still. Clear your mind. Focus. See. Record answer. Share. (Selectively share in larger classes.)

Telepathy Exercise 3 - Flowers

- TEACHER IS PARTNER. Teacher sends you a flower from one of these 3. Listen carefully and choose the one you get.
- Flowers: Daisy, rose, carnation.
- Get still. Clear your mind. Focus. See. Record answer. Share. (Selectively share in larger classes.)

Telepathy Exercise 4 - Influence

GET PARTNER. Assign partner the number 1 or 2.
Do LOVE formula beforehand if you have not already:
Let go in meditation, Open in prayer, Vibration align,
Entirely receive.

1. (Partner 2 get passive to receive.)
2. Gather energy: Imagine there is energy around you and you are drawing it in like fish in net in a pond.
3. Mentally compress energy into a concentrated package like a large basket ball or foot ball.

Telepathy Exercise 4 - Influence

Cont'd

5. Insert your message into the ball of energy to **scratch, cough or laugh.**
6. Throw the ball of energy towards the person you wish to affect.
7. Wait and see what happens. Share results. Class REVERSEs roles.

Telepathy Exercise 6 - Colors

(Do NOW or Review for later)

1. PARTNER. Agree to work with a partner or friend.
2. PREPARE. Remember both the sender and receiver should do the LOVE formula to prepare.
 - Let Go In meditation. Nothing will happen unless you are in deep Alpha to Theta brain wave state. Go to [youtube.com](https://www.youtube.com) to find a good one that lasts for about 8 minutes minimum.
 - Open by asking for a connection. “Laura send to me.”
 - Vibrationally align with your partner by visualizing your energy connecting.
Entirely receive what is sent to you.

Telepathy Exercise 6 - Colors

(Do NOW or Review for later)

3. Have your friend pick a color from three to five choices. You might decide the colors choices are blue, purple and orange.
4. Have your friend then concentrate on the color in question, with as much intensity, feeling and concentration as possible, yet remaining relaxed.
5. Sit there and wait to receive.
6. At first you might not get anything, but with repetition you can really get great at this.

Other Telepathic Exercises

(Do NOW or Review for later)

Telepathic messages you might want to do with your partner or friend. Remember to do at a specific time, using LOVE steps reviewed earlier in this class.

1. His or her whereabouts during the day at a specific time.
2. What he or she ate for dinner, lunch or breakfast.
3. What he or she just wrote down on a piece of paper.
4. Something going on in his or her life right now that is important and emotionally charged.
5. An object he or she is wearing like jewelry or a piece of clothing.
6. What their child, bird or fish just did.

The list of possibilities is infinite.

Telepathy Exercise 5 – Field Trip (Review for later)

- Set a specific time of day to do this with your telepathy partner. This will make you more successful.
- Both sender and receiver need to get into a relaxed hypnotic state. Go to [youtube.com](https://www.youtube.com) to find a good theta meditation which lasts at least 8 minutes.
- At the agreed upon time close your eyes, then visualize your telepathic partner. Use a photo of them to help you visualize them if needed.
- **Receiver**. Prepare to receive by saying to yourself, “Beth, speak to me. Beth, speak to me.” Use their name when doing this.

Telepathy Exercise 5 – Field Trip (Review for later)

- You will feel something coming into your mind which you did not place there. That is telepathic message.
- Record it and discuss later when you are able to speak to your telepathic sender.
- **Sender**: Focus on the message you are sending them. “Michelle, I am at the beach. Michelle, I am at the beach.” Use their name when doing this.
- Repeat the phrase with intensity, but still remaining relaxed, until you feel complete.
- **EMOTIONS**. Telepathy is easier when done with someone you have a deep bond with already.

Remote Influence Ethics

- Use for healing or to do good.
- In altered state a suggestion is sent to influence an individual.
- **Example of use**: I influenced a non paying client to make an over due payment for services rendered by sending her remote influence.
- You should always ask that results be for highest good and benefit of all.
- Only do good with it or you will accrue bad karma for yourself.

Remote Influence Ethics

- WE ARE NOT CONTROLLING ANOTHER.
- The one receiving the healing decides to accept the influencing suggestion or not.
- As in hypnosis you cannot force someone to do something against their morals or values.
- It will not work unless it is for their highest good anyway. Their soul will block it.

Remote Influence Story

- In a class I was teaching a student was in a minor battle with her pendulum. She seemed to be looking at it and wanting it to produce an answer to a question she had, however, the pendulum did not move.
- As I noticed this I was inspired to gather energy to remotely influence her to meet her goal. Spirit directed me to use my sixth sense to collect energy and then send it to her like a ball of light. I sent her the remote influence suggestion, “Diana, move pendulum.”
- Within 30 seconds she began to laugh as her pendulum wildly took off. She began delivering a message from the pendulum to her class partner.

Remote Influence Story Cont'd

- Just as this was happening, another student who sat behind the line of the influence message, looked up at me and asked, “Is it possible to influence someone to help them move their pendulum?”
- I laughed. That was just what I had done a moment ago to the other student!
- **REMOTE INFLUENCE & TELEPATHY!** So not only did we experience remote influence but we also saw telepathy right behind it. Think ricochet of pool ball hitting pool ball!
- Amazing.

SUMMARY:

How to Do Remote Influence

- Setup up the phrase you are going to use beforehand.
- Keep this phrase (Remote Influence phrase) as short as possible and the point. Ex. “Diana, move pendulum.”
- Use the person’s name to which you are sending the influence as much as possible.
- Get deeply relaxed using meditation or a self hypnosis script.

How to Do Remote Influence

- You should feel marvelously calm, relaxed, peaceful and content before beginning.
- Visualize the desired behavior from the person you wish to influence happening. For example if you want Peter, your boyfriend, to call you after an argument, picture Peter calling you. If you want your children to behave see them behaving.

How To Do Remote Influence

- Then state your suggestion phrase, “Diana move pendulum.”
- Send that phrase into middle of forehead of the person you wish to influence.
- Use as much energy, focus and intention as possible as you send your message into the center of their forehead.
- Always remain calm and relaxed when doing this.

How To Do Remote Influence

- Be Patient. Be patient to develop skill with this. For the average person, practicing for 30 minutes each day it should take about three to four weeks to see results with a minor goal.
- Laser Success. The skill lies in being able to focus and send your message. Eventually you will. Like developing a muscle.

Remote Influence Uses

- Healing. Take a photo of the sick person. Visualize them feeling well, while stating as you send this message to the center of their forehead, “Mary, heal.” You may do this for yourself too by using “I” instead of the other person’s name.
- Love. If you want to heal a miscommunication in a relationship send the idea to talk to you by setting up the suggestion phrase, “Peter call me or use your name.”
- Children behave. If you want your child Patti to behave calmly around you, set up and send the suggestive phrase, “Patti you are calm, centered and balanced with me. “
- Children behave. Imagine each one of your children in a loving and calm state behaving in a cooperative state. Your suggestion to your child is, “Penny, your mother loves you. Be kind to her.”

Remote Influence Uses Cont'd

- Money. Imagine a sum of money you want and a time frame you want to receive it. Imagine yourself having this money with all the things you will do when you have it. After going into a deeply relaxed hypnotic state repeat to yourself for at least 15 minutes, “I have \$5,000 or more in my bank account by this date (repeat the date).” You have to set a time frame for money goals.
- Get The Truth. Get very relaxed and focused. Silently send this command through the center of the forehead of the person in question, “Billy, tell me the truth.” Then just wait for the truth to be revealed. (Only works if the truth is for highest good.)
- Get a Loan. Get calm and relaxed in a hypnotic state. Stare at the bank manager or loan officer sending this message mentally several times through his forehead, “You will give me the loan now.” (Only works if getting loan is for highest good.)

Remote Influence Uses (Cont'd)

- **Psychic Service. Relationship Healing.**
- As a psychic service you can do this for a client to help heal a love relationship.
- Psychically perceive what went wrong in the relationship. Ex. Psychically perceived Peter was abused growing up and finds intimacy frightening, therefore he sabotaged relationship.
- Send to each party (client and lover) appropriate healing messages such as, “Peter, love is safe.” “Sonia love is safe.”

Remote Influence Exercise

- EARLIER we sent simple telepathic influence to class mate.
- NOW we will set up and do a more complex remote influence exercise.
- Think of something you want to send someone or manifest from the universe.
- Make it into a 2 – 3 word phrase. Ex. “Mary heal,” “Paul call me,” “Robert pay me,” or “Wealth come to me.”
- State this should be for highest good.
- Get ready for exercise. We are going to send our suggestion to the person we want to influence or universe.

Remote Influence Exercise

THIS EXERCISE IS RECORDED. Mute your mic and [CLICK HERE](#).

- 1. Needed: 15 minutes quiet, uninterrupted time, picture of person you wish to influence/heal and what suggestion/instruction you are going to send before proceeding. Ex. Mary heal.*
- 2. Stretch out comfortably in your seat.*
- 3. Concentrate on one single point, the lit CANDLE (cup, object, etc.) in front of you.*
- 4. I am concentrating on this point harder and harder, and the more I concentrate on this point, the more my body and mind are relaxing.*
- 5. I feel very relaxed. I take my time and feel very relaxed.*
- 6. My eyelids are becoming heavy and my eyes are getting more tired with every passing second.*

Remote Influence Exercise Cont'd

7. *I want my eyes to close.*

8. *I close my eyes. I feel calm and relaxed;*

9. *My body is growing heavier and heavier as I relax further and deeper.*

10. *My eyes are firmly and completely closed.*

11. *I am now going to relax my entire body. A gentle, blissful warmth is vibrating throughout my whole body.*

12. *I am now concentrating all my attention onto my feet. My feet are growing heavier and are becoming relaxed. I feel a gentle tingling in this area and that is ok.*

13. *My legs are becoming relaxed and are growing heavier. I feel a gentle tingling in this area and that is ok.*

Remote Influence Exercise Cont'd

14. *My stomach is relaxing and growing heavier now. I feel a gentle tingling in this area and that is ok.*

15. *My hands and arms are growing heavier and are becoming truly relaxed. I feel a gentle tingling in this area and that is ok.*

16. *My chest, my neck, and the back of my neck are growing increasingly relaxed with every passing second. I feel good, marvelously good. I feel a gentle tingling in this area and that is ok.*

17. *My head is relaxing more and more. It's becoming clearer; my thoughts are calm, calm, calm.*

18. *At this moment, I feel a deep sensation of peace and wellbeing. I feel as if I am in a dream.*

Remote Influence Exercise Cont'd

19. In this state, every thought I wish to transmit is so powerful, so very powerful that nothing can stop it from reaching its target, whatever the distance separating me from it is. (Repeat the last sentence mentally three times.)

20. Now, form a mental image of the person to whom the message is addressed. You can use a picture of them to help.

21. Send your message by simply thinking about it strongly and imagine that it is entering the person through the middle of his or her forehead (which is the most sensitive telepathic reception zone). As soon as you start to feel tired or tense, stop rest and then begin again feeling relaxed.

Next Steps

- Join the Facebook support group: Soul Psychic Healer to work with others!
- Do these exercise again and again. Your experiences will deepen.
- Audio recording of Remote Influence Meditation is recorded: [CLICK HERE](#).
- Attend Next week's class: Mediumship Lesson 1.

Facilitator

- Lead workshop through exercises on slides 8-16 and 30-34.
- Invite to practice in Soul Psychic Healer Facebook Support Group.
- Next class: Mediumship.