

# Channeling for Mediumship

Open your spiritual gateway. Clear Hearing:  
Clairaudience. Gain access to All Knowledge,  
questions, Meet Your Guides, Life Purpose, Visit  
Akashic Records, Learn Past Lives

# Channeling for Mediumship

LEARN how to safely, gently, in love & light:

- (1) **USE A PENDULUM** to connect to the **COLLECTIVE UNCONSCIOUS**. How to easily & instantly get psychic answers for yourself & others with one simple automatic method!  
(**PREPARATION**: Need pendulum and spirit board. Get [FREE HERE.](#))
- (2) **AUTOMATIC WRITING**. Opening your own spirit communications doorway.
- 3) **MEET YOUR SPIRITUAL GUIDE(s)** (Light Beings, Angels, Other Side Doorkeeper, etc). **LEARN LIFE PURPOSE**.
- (4) **VISIT AKASHIC RECORDS. LEARN PAST LIFE.**

# Section 1 & Beyond

- **Section 1: Pendulum and spirit board**
  - **Should Have a Pendulum to Continue. Directions HERE: <http://www.spiritmediumlaura.com/how-to-use-a-pendulum-simple-method/>**
  - What is a spirit guide
  - Trust Your Guidance
  - Build & use your own spirit board & pendulum
  - LOVE Formula for spirit work
- Section 2: Automatic Writing
- Section 3: Meet Your Guides, Channeling, Life Purpose
- Section 4: Akashic Records, Past Lives

# What Are Spirit Guides?

- Help, heal and guide us on our paths, leading our growth and spiritual evolution.
- Highly evolved, intelligent beings who have led us through many lifetimes.
- Greet us as we pass into spirit world after tunnel of light.
- Angels and Spirit Guides appear the same to me, although others differentiate.

# How They Come In

- My Past Experience:
  - Heavy energy which would cast itself upon me.
  - My vocal chords would be taken over and
  - They orally spoke each with unique mannerisms, personality, accents.
- Now
  - Feel a light shift in energy.
  - I ask questions, usually in a silent telepathic way.
  - Hear them in my head vs. oral channeling
  - Feeling changes according to entity I channel.
  - Fluid, fast answers to any questions I ask.

# Example of Channeling

- Laura channeled Alpha Omega for Law of Attraction Book.
- Spiritualism teaches we have several types of guides.
- I experience them now as Alpha Omega. They used to have unique names and functions.
- Now spirit does the work behind the scenes bringing in who I need or who I request.



# Who Are Spirit Guides?

- Channeled message from Alpha Omega Light Beings (Great White Brotherhood of Melchezidek):
  - Spirit Guides help you to experience true prosperity
  - Live as your soul on earth, completing your path.
  - Manifest your desires easier, if they are soul level desires.
  - Most important use of a guide: discover your soul's service on earth.

# Trusting Your Guidance

- **Story** - Selling my condo, real estate boom.
  - I channeled a recently passed realtor from spirit.
  - Said she was an expert in selling real estate in my location.
  - I thought I was crazy, but heard her out.
  - She said to ask for an exorbitantly high price for it.
  - Said a cash buyer would come from the north in next month to buy it.
- **I got nervous after holding this price for two days.**
  - Lowered it.
- **Four weeks later.**
  - Ran into my neighbor who was selling her similar condo at same time as mine.
  - She told me she had sold it to a cash buyer who came in from the north the week before!
- **Listen to your guidance!** The more you do, the more accurate you will get and the more you will get.



# Build Your Own Pendulum

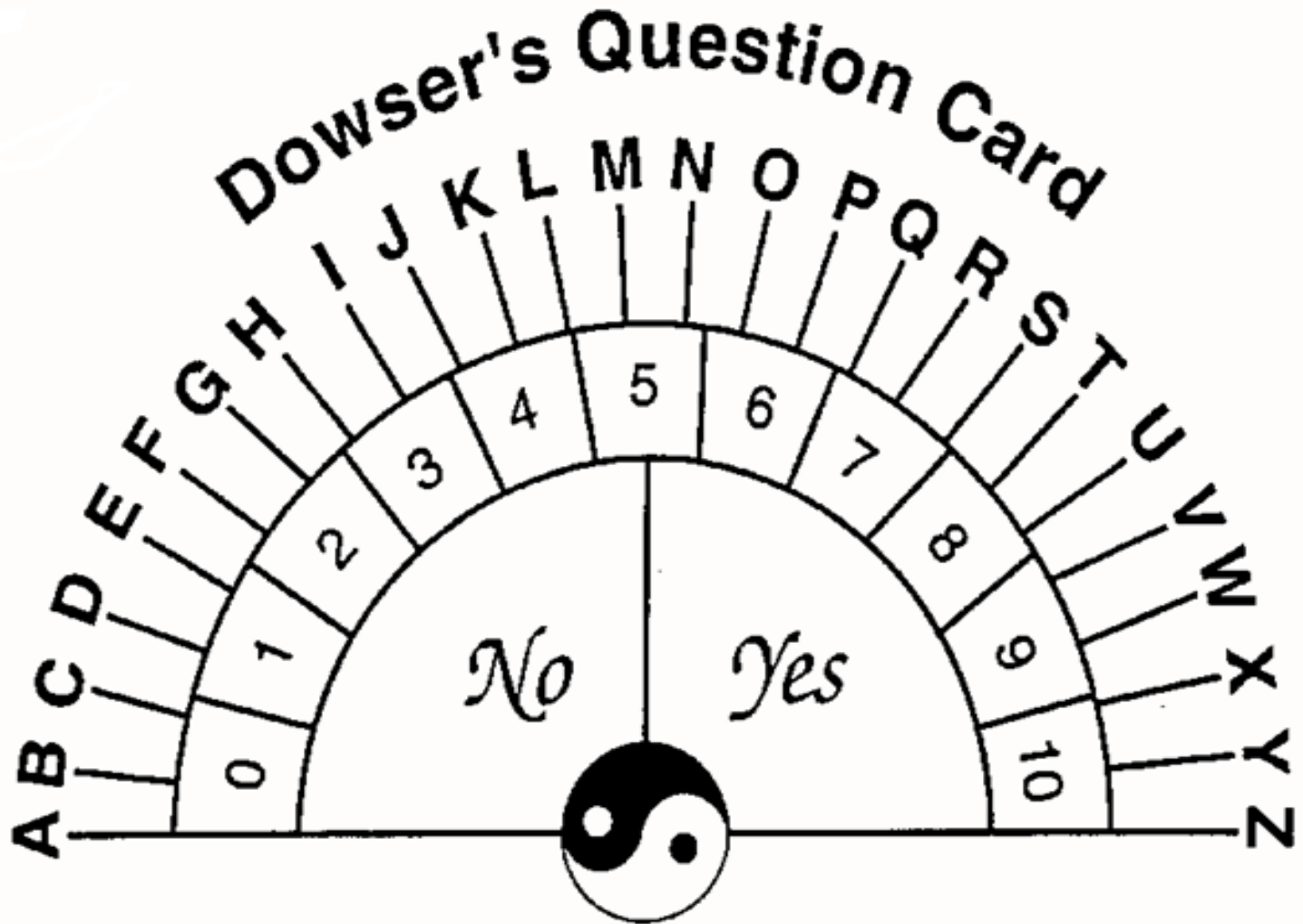


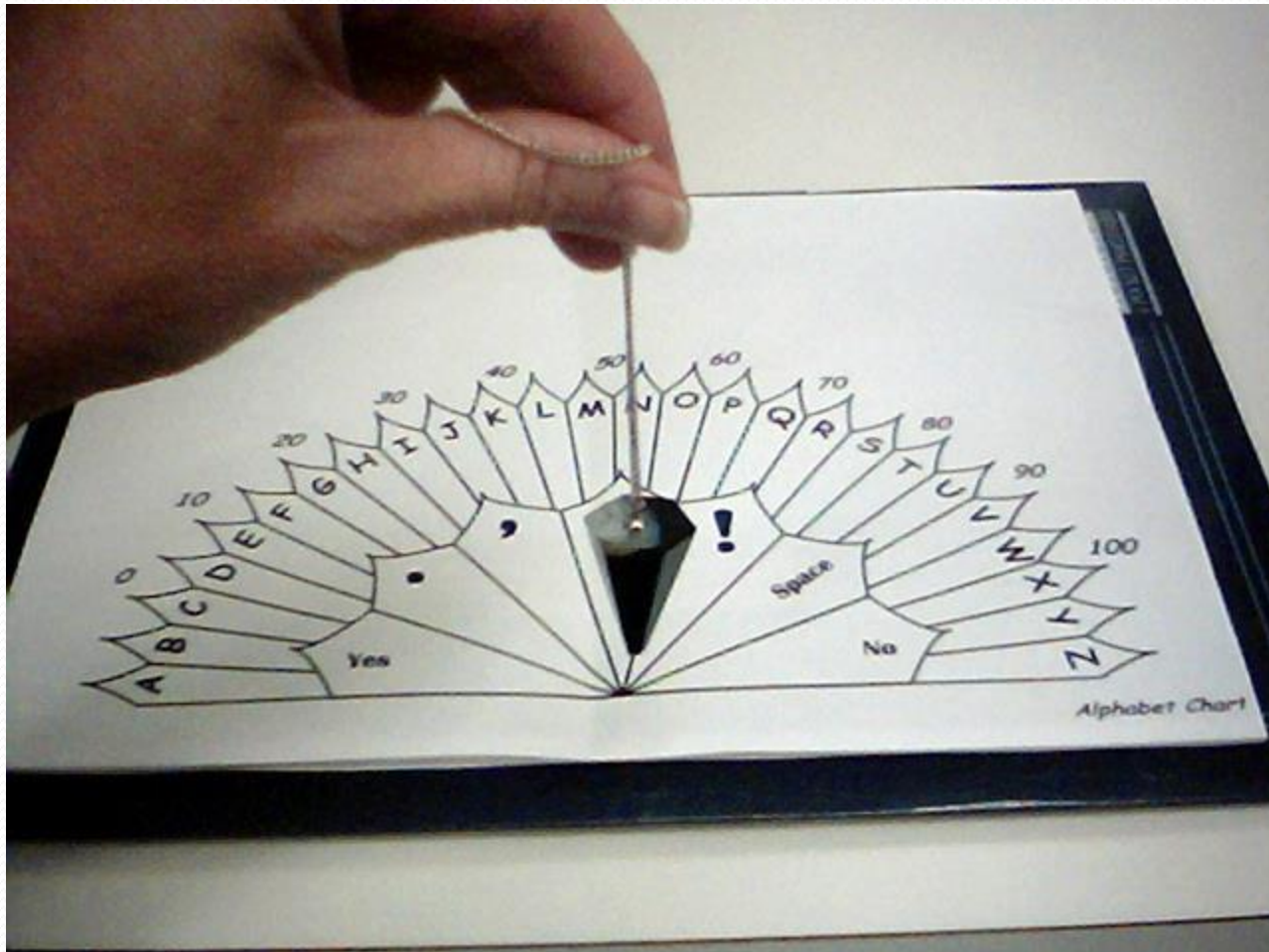
- Hopefully you did this beforehand. But if not ...
  - Get an 18 inch piece of thread.
  - Get a paper clip.
  - Tie the thread to the edge of the paper clip.
- DO NOW, PENDULUM YES/NO SET UP.
  - NO. Ask the pendulum, “My name is Carrot [incorrect name].” Wait to see the pendulum move. This is your “no” movement.
  - YES. Ask the pendulum, “My name is Laura [correct name].” Wait to see the pendulum move. This is your “yes” movement.
- Prepare to work with your Pendulum by first doing the LOVE formula as outlined below.
- Ask the pendulum a Y/N question.
- Watch the pendulum move. Pendulum goes to superconscious.
- This is your answer.

# Pendulum Pictures



Google: ARTICLE HAS LINK TO FREE ONE OR Draw Line Down Middle of a piece of paper. Write Yes on one side & No on either side. VOILA!





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# LOVE Formula

- Before you work: Use LOVE Formula. Print out this page for easy reference.
  - Provides steps to reach psychic mind w/ safe connection.
- L = Let go in meditation. On your own. Youtube.com. NOW uncross arms & legs, breath abdominally.
- O = Open in Prayer. *“Dear Infinite Divine Power, please allow all messages to be clear, accurate for the highest good in highest love, light and protected space. And so it is.”*
- V = Vibration Align. Imagine your energy combines with object of reading. NOW, your spirit guide.
- E = Entirely Receive. Don't edit what you get.

# Steps: Pendulum With Board

- Prepare with LOVE formula.
- Ask a Y/N question of spirit.
- Move the pendulum over board.
- Y/N? When pendulum moves in Yes direction over Yes or No on board, take that as answer.
- Letters & numbers on board? Combine into answer.
- You might get letters which spell out a word or you may just get the “yes” or “no” answer

# Questions to Ask Spirit Guides

- Spiritual growth questions, complete your life purpose and achieve your greatness.
- Most importantly your spiritual guides and angels are here to help you evolve spiritually.
- Not fortune telling. They usually will tell you they are not here to tell you what to do. And they are not.
- You can ask questions about your life, however, expect a loving, higher level response than a “fortune telling” one.

# Sample Questions For Guides

Page 26 of Channeling E-Book.

1. Am I on my path?
2. Is the relationship I am in with “name” a good one for my soul path and development?
3. Will I get married in this life time? Have children?
4. What are their names?
5. Do I have any untapped talents I am supposed to use in this life time?
6. How many times have I incarnated?
7. When will I be able to stop incarnating?
8. Is there such a thing as incarnation?
9. Can I know my “name” from another lifetime?
10. What did I do in my past lifetime? Who was I?
11. Did we know each other in another life time?
12. Are there Angels?
13. What is the next step on my soul path in this life time?





# Sample Questions

1. Will my ex-lover “name” come back to me?
  - Answer: your guides will tend to speak about why you are in the relationship, what is supposed to happen in it from a growth and love perspective and how you can handle it for the highest good of all involved. They will tend not to try to tell you how to manipulate him to get him back. If you receive this type of message you are working with a lower level energy which should be avoided.

# Sample Life Questions

2. How do I handle the controlling nature of my [spouse, father, mother, etc.]?
  - Answer: Spirit will explain to you why this person acts the way s/he does and provide to you some helpful ways to deal with the situation that are loving to you and him or her. Spirit will not say this person is “evil” or in any way be negative. If you receive a negative answer you are working with a lower level energy, not a spiritual guide/angel.

# Sample Life Questions

3. Should I go into business with “name”?
  - Answer: Spirit will be able to tell you if this on your soul path, how it matches or does not match the service you have come to earth to do and what the outlook for your success within this business is. If you are told something like this business will help you get rich and rule the world, you are probably working with a lower level energy, which should be avoided.

# Negative Energy?

- **How to Ask Negative Energy To Leave.** I never had a problem with it.
- Use the LOVE formula. Built into the prayer is a request to work in love & light.
- Spotting lower energy: Entity talks from a perspective of evil, mean or cruel competitive ideas,
- Ask that entity to leave with a script like this:
- *Dear Spiritual Guides please escort this negative energy away from me right now. Please allow me to work only in a protected space of white light. Please allow me to work only in a protected space of white light. Please allow me to work only in a protected space of white light. I thank you in advance for you help. Amen.*

# Another Simple Way to Get Answers

- YES/NO Cards. Preparation:
  - Cut a clean piece of paper in equal half. On one piece write No, on other write Yes.
  - Prepare with the LOVE formula as described above. Let Go in meditation (deep breathes), Open in Prayer (Dear God please provide us healing in light.), Vibration align (see your guide, connect), Entirely receive.
  - Think of a current problem you are having in your life and turn into a Y/N question.
- ASK QUESTION. Turn Y/N cards upside down. Close your eyes. Mix them up. Now focus and ask your angelic guides your question.
- CHOOSE PAPER. Then keeping your eyes closed choose the piece of paper you are drawn to choose. This really works!
- OTHERS. Do this for a friend or friends too.

# EXERCISE 1: Meet Your Guides

1. Prepare with the LOVE formula.
2. Ask your guides these questions using both the Pendulum & Spirit Board, moving your pendulum over Y or N to get answers. Write them down for DISCUSSION later.
  - Did we know each other in another lifetime?
  - Have you always been in my life in this incarnation?
  - Have we ever reversed roles where I was your guide in another lifetime and you were on earth?

# EXERCISE 1 Cont'd

- DISCUSSION
- Facilitator gives messages to you on same questions.
- Then you do for your partner.
- All students get a chance.

# Exercise 2: New Partner

- Get a new partner.
- Get answers to ONE of the following questions on next slide or any that they have.
- Write down answers.
- Facilitator reads for same person.
- Then you do.
- REPEAT. Do this over with a new partner and/or new questions time allowing.



# OTHER QUESTIONS

1. Am I on my path?
2. Is the relationship I am in with “name” a good one for my soul path and development?
3. Will I get married in this life time? Have children?
4. What are their names?
5. Do I have any untapped talents I am supposed to use in this life time?
6. How many times have I incarnated?
7. When will I be able to stop incarnating?
8. Is there such a thing as incarnation?
9. Can I know my “name” from another lifetime?
10. What did I do in my past lifetime? Who was I?
11. Did we know each other in another life time?
12. Are there Angels?
13. What is the next step on my soul path in this life time?

# Homework: Repeat

- PRACTICE. Do these exercises at least 4 to 5 times with different people over the next week to few weeks to open your ability to connect to your guides and angels. Ask your guides other questions too.
  - Join Facebook Group: Soul Psychic Healer.
- NEXT SECTION. When you start to feel comfortable, then you are ready to move to next section.
- MORE: Buy the entire class or one video. SpiritMediumCoach.com.
- TUTORING. BookLaura.com